

# UNSW KARATE CLUB MEMBERSHIP FORM 2021

## MEMBERSHIP DETAILS

Family Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone (mobile): \_\_\_\_\_ Phone (home): \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Birth (dd/mm/yyyy): \_\_\_\_\_

Gender (circle): Male / Female / Gender diverse / Prefer not to disclose

Aboriginal or Torres Strait Islander heritage (circle)?

Aboriginal / Torres Strait Islander / Both / Neither / Prefer not to disclose

PLEASE CHECK APPROPRIATE BOX AND ENTER DETAILS

UNSW Student  UNSW Alumni  UNSW Staff  Community - Adult  Community (U18)  Other Student

Student Number: \_\_\_\_\_ Status (circle **all** that applies): International / Domestic / Exchange  
Full-time / Part-time

## MEMBERSHIP FEES

The Karate Club membership fee must be paid when this form is returned before a member can be permitted to train with the club. Membership fees cover fixed costs including facility hire and equipment. See the Karate website ([www.karate.unsw.edu.au](http://www.karate.unsw.edu.au)) or ask an instructor about the membership fees for 2021

## PRIVACY INFORMATION

This information is being collected on behalf of the UNSW ARC for its active member database and may be accessed by the UNSW Karate Club. It will be used by the club for newsletter distribution, communication and registration with governing bodies where applicable. It may be passed onto UNSW ARC sponsors. The individual providing the information is able to gain access to the information and can amend it at any time.

\_\_\_\_\_  
Signature

Date: (dd/mm): / / 2021

## INFORMED CONSENT FORM 2021

UNSW Karate Club, Budokan Karate of Australia (BKA) and Australian Karate Federation (AKF) training, competition and related Karate-Do activities are deemed as a contact sport. Due to the nature of Karate-Do, physical and mental demands can be very high. Techniques are often delivered at high speed and participants are required to move with rapid change of direction. Participants may be required to train with and compete against others of mixed age, weight, height and skill level.

Musculoskeletal injury may result due to high velocity and high impact movement. Unintentional physical contact may result during technique delivery, evasion or application of counter techniques.

As a participant and trainee of the UNSW Karate Club, you agree to the following:

1. Karate-Do is a contact sport and involves physical contact during training and competition. The student acknowledges that he or she may sustain injuries during training or competition.
2. If the student is ill or injured, it is the responsibility of the student to inform the authorised coach prior to the commencement of training. In such a case, the authorised coach is entitled to prohibit the student from training.
3. The student must complete the UNSW Karate Club Medical Clearance Form (page 4) prior to their first training, regardless of previous experience or current grade. The authorised coach may request the student to provide further medical evidence from a doctor for certain injuries and illnesses. In this case, a student is prohibited from training until this information is provided.
4. The student must wear full protective equipment (as specified by the (AKF) and be of an acceptable experience level as judged by the authorised coach to participate in Kumite (sparring) sessions.
5. While all due care is taken to avoid injury, the student acknowledges that there is an inherent risk in participating in Karate-Do, and recognises this risk and the consequences of it.
6. The student has the right to not participate in any activity that he or she does not feel comfortable with. At no time will the student be forcibly asked to perform any technique or exercise. In this circumstance, it is the student's responsibility to inform the authorised coach that he or she does not wish to participate.

You are advised of the inherent risk of UNSW Karate Club, BKA and AKF Karate-Do activities. You knowingly accept that risk for yourself and absolve the UNSW Karate Club, BKA and the AKF of any injury, physical or otherwise, that may result due to these inherent risks.

As a physically and mentally competent adults\*, I declare that I have read and fully understand the above inherent risks of Karate-Do. I hereby give my informed consent for participation in UNSW Karate Club, BKA and AKF Karate- Do activities.

\_\_\_\_\_  
Signature

Date: (dd/mm):        /        / 2021

\*For safety reasons, minors may not join the UNSW Karate Club (there are very few individuals in the club of comparable size and weight to train with). If you are a minor, please join a junior-athlete specific BKA club.

## Safety

- A student must never (either formally or informally) train unsupervised in the Dojo. Supervision refers to the presence of an authorized coach. If a student breaches this rule, he or she will be prohibited from training.
- No jewellery (including watches) may be worn during training. Nails must be cut short and loose or long hair should be tied back.
- Shoes must be removed prior to training. If a student has an infection or bleeding wound, he or she must present the well-bandaged area to the authorised coach for inspection prior to training. If it is not sufficiently protected, the student will be prohibited from training for that session.

## Respect And Discipline

- A student must respect his or her coach, his or her fellow students and the Dojo.
- At all times students should attempt to be punctual and failure to remember items of equipment or uniform should be avoided. If a student is late to class, he or she should follow the bowing procedure until the authorised coach has acknowledged his or her presence.
- If a student is required to move through other students during the class, he or she should always walk around the back of the class first. At no time should a student walk between the authorised coach and the other students.
- A student must bow upon entry and exit to the Dojo and the training area proper.

I declare that I have read and fully understand the above training rules.

\_\_\_\_\_  
Signature

Date: (dd/mm):        /        / 2021

UNSW KARATE CLUB  
MEDICAL CLEARANCE FORM 2021

- Are you an Australian citizen (circle)? Yes / No
- Do you have private health insurance (circle)? Yes / No
- What is the name of your private health insurance provider? \_\_\_\_\_
- Please list any other sports you are currently active in: \_\_\_\_\_
- Do you currently have any blood-based infectious disease (e.g., Hepatitis A, Hepatitis B, HIV/AIDS, etc.)? Yes / No
- Do you currently have diabetes, epilepsy or asthma? Yes / No
- Have you received reconstructive surgery (e.g., knee reconstruction, shoulder reconstruction, etc.)? Yes / No
- Do you currently have any injuries? Yes / No
  - If yes state your injuries: \_\_\_\_\_
- Do you currently have any illnesses? Yes / No
  - If yes state your illnesses: \_\_\_\_\_
- Are you currently taking any medication? Yes / No
- Are you pregnant? Yes / No
- List any other medical conditions or previous injuries which may interfere with Your Karate training:  
\_\_\_\_\_  
\_\_\_\_\_

CONTACT DETAILS IN THE CASE OF AN EMERGENCY

Emergency Contact First Name: \_\_\_\_\_  
Emergency Contact Last Name: \_\_\_\_\_  
Contact Mobile Phone : \_\_\_\_\_  
Contact Home Phone: \_\_\_\_\_  
Relationship of emergency contact to you: \_\_\_\_\_

\_\_\_\_\_  
Signature

Date: (dd/mm):     /     / 2021